

THE ROCKPOOL

BEACH WALKERS MENU



12-3

Sandwich or Wrap

All served with mixed sauerkraut salad and Cornish crisps

Chicken and Bacon Club

9.5

Prawn, Tomato and Cucumber Cocktail

9.5

Cheddar, Beetroot and Roasted
Butternut (ve)

8.5

Cheddar, Avocado, Cucumber (ve)

8

Tuna Mayo, Cucumber, Cheese

8

(Ve) can be made vegan (gf) gluten free

THE ROCKPOOL

BEACH WALKERS MENU



Soup or Salad

Today's Soup with Artisan Bread (ve)

6

Prawn and Avocado Cocktail (gf)

Shrimps, baby gem, tomato, cucumber with
Marie Rose sauce

11

Grilled Halloumi, Beetroot & Roasted Butternut
Salad (gf) (ve)

Organic mixed leaves, pomegranate with
orange and turmeric dressing

11

Niçoise Salad (gf)

Boiled egg, baby gem, grilled tomato, green
beans and potato

8.5

(Ve) can be made vegan (gf) gluten free

POPULAR DISHES MENU



12-3

Lighter Options

Mussels of the Day

Chef choice, served with fresh bread

8.5

Add chips for 2.5

Red Spiced Crispy Squid (gf)

Raw cabbage salad and chipotle mayo

8.5

Beetroot and Chickpea Fritter (gf) (ve)

Sauerkraut and raw beetroot salad with tumeric and ginger dressing

7

Crispy Pork Bun

Asian style salad with sticky soy sauce and crispy onions

8.5

Crab Cake

Served with tarragon, hollandaise and dressed leaves

8.5

Sides

Sea Salted Fries (ve) (gf)

4.5

Truffle, Pink Peppercorn, Rosemary Fries (ve) (gf)

5.5

Smoked Cheesy Fries (ve) (gf)

5.5

Garlic, Cheese and Herb Flatbread (ve) (gf)

4.

(ve) can be made vegan (gf) gluten free

Larger Options

Tomato and Basil Pasta (ve)

Olives, chilli, green beans with capers and parmesan

12

Fish and Chips

Mushy peas, tartare sauce and fresh lemon

13.5

Charcuterie Board

Sliced meats, honey and chilli olives, goats cheese, smoked cheddar, piccalilli, chutney, hummus and toasted pitta.

13

6oz Beef Burger

Tomato relish, chipotle mayo, gherkins, shaved crispy lettuce, battered onion rings, house smoked cheddar, served in a bricohe bun and chips

14

Vegan Tempura Sweet Potato Burger (ve)

Avocado, cajun beetroot, sauerkraut salad, vegan cheddar and chips

13.5

Sticky Pork Belly and Tiger Prawns (gf)

Jasmine rice, sticky soy sauce, pickled cucumber and crayfish tail asian salad

18.5

Kiddies Food

Mac & Cheese with Green Beans

6

add chicken

2

Chicken Nuggets, Chips with Baked Beans

6.5

Fish and Chips

7

Hot Dog Bun and Chips

6

(ve) can be made vegan (gf) gluten free

Our Desserts

Fresh Berry Bowl (gf)(ve)

Dried fruit, oats, chocolate, maple syrup, cacao nibs
with caramel ice cream

6

Belgium Waffle & Strawberries (v)

Butterscotch sauce with cream and vanilla ice cream

6

Salted Caramel Brule Cheesecake (v)

Roasted apple with honey combe and orange sorbet

6

Chocolate Larva Cake (v)

Chocolate coated popcorn, white chocolate brittle
Coconut custard with chocolate ice cream

6

Hot Chocolate Brownie (ve)

Cinder toffee with double caramel ice cream

5

Lemon Tart (v)

Meringue, fresh berries, cacao nibs with crème fraiche

6

Milk Chocolate & Cranberries Coated Popcorn (v) (gf)

Coconut and vanilla custard

3.5

Trio of Cornish Ice Cream (gf)

A selection of Cornish ice cream

5.50

(gf) Gluten free (v) vegetarian (ve) vegan or
, can be made vegan

